

Chatham Park & Recreation

Chatham Community Center
702 Main Street
Chatham, MA 02633
Telephone (508) 945-5175
Fax (508) 945-5159

www.chathamcommunitycenter.com

Chatham Community Center Fitness Room

Hours of Operation:

Monday – Saturday 8:00 A.M. to 9:00 P.M.

Sundays 1 - 5:00 P.M. (closed during the summer on Sundays)



Membership fees:

Family	\$150.00 per year	
		<ul style="list-style-type: none">• includes dependents age 16 & 17 with a parental waiver• includes dependents age 18 - 22 years of age
Individual	\$100.00 per year	
Monthly	\$50.00	capped at \$100 for an individual membership
Weekly	\$35.00	
Daily/Guest Pass	\$10.00	per day

WHO MAY OBTAIN A FITNESS ROOM MEMBERSHIP?

1. Year round residents of Chatham;
2. Owners of real estate in Chatham;
3. Renters with lease of 6 months or longer (copy of lease must be shown and utility bills)
4. Dependents age 16 – 22 years of age, living year-round with parents

HOW DO I PROVE I AM A RESIDENT OR TAXPAYER?

1. Current property tax bill, deed or closing statement if new owner; utility bills
2. Driver's license with Chatham address
3. Car Registration showing name and Chatham address of owner
4. A signed lease of more than six months duration showing property address and term of lease with a backup document from the listed documents showing it is a *legal* address
5. Current years Massachusetts filed income tax return
6. Active Military personnel whose home of record is Chatham; must show Military card.
7. Voter Registration Card with additional backup showing *current* Chatham address.

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USE POLICY FOR THE FITNESS ROOM

1. Individuals using the Exercise room must be a Chatham resident.
2. Every individual must watch orientation video prior to use of room, must fill out an emergency card and Hold Harmless Agreement before using the fitness room.
3. Ages 16 and 17 must have a permission slip signed by a parent or legal guardian.
4. Each individual will receive a fitness room entrance swipe card to gain access to the room which must be returned when leaving the building.
5. All individuals using the Exercise room do so at his/her own risk.
6. The Exercise Room is available on a first come first serve basis.
7. When free weights are in use there must be two people in the room.
8. A minimum of two (2) people and a maximum of twenty (20) people are allowed in the Exercise room.
9. A time limit of thirty (30) minutes per machine with a maximum time of one (1) hour.
10. Each person is responsible for cleaning the equipment after every use and should bring their own towel.
11. Children 14 and 15 years old are allowed to use the Exercise Room but they must be accompanied by a parent or legal guardian with a family membership.
12. To ensure a safe and pleasant workout environment, participants are reminded that no horseplay or loud music will be permitted.
13. No eating or drinking other than water in plastic bottles is allowed in the Exercise Room.
14. Sports shoes, shorts and a shirt must be worn in the Exercise Room at all times.
15. No cell phone use.

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Fitness Room Registration & Waiver Form

Eligibility: Individuals using the Fitness Room must be residents of Chatham as outlined on page one of this membership packet, and follow all rules and regulations outlined in the Use Policy for the Fitness Room, a copy of which is attached hereto.

Name: _____ **D.O.B.** _____

Primary Residential Address: _____

Chatham Address if different: _____

Are there any allergies, medications or health issues we should know about?

By signing this waiver form to use the Chatham Community Center Fitness Room, I have met and agree to the following conditions:

1. I have completed a *Family Registration Form*, and paid membership fees for Fitness Room use;
2. I have watched the *orientation video* for proper use of the equipment in the Fitness Room
3. I have received a copy of the *Use Policy for the Fitness Room*, and will follow the stated Rules and Regulations for room use as outlined in the policy;
4. I give my permission to receive medical treatment in the event of injury or need while using the Fitness Room;
5. In consideration of your accepting my entry, I, intending to be legally bound do hereby for myself, my heirs, executors and administrators, waive and release forever any and all rights and claims or damages I may accrue against the Town of Chatham, its contractors, instructors, aides, their successors, representatives and assigns, for any and all injuries suffered as a result of traveling to and from and while using the Fitness Room.
6. I agree pictures taken during program hours may be used for future promotional purposes.

Signature

Date:

Waiver Form, Family Registration Form & membership fee received by: _____

Date: _____

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Family Registration Form

Please complete form as fully as possible so your family can be added to the recreation software data base. (Please print)

Family Members use back if necessary

<u>Last Name</u>	<u>First Name</u>	<u>Date of Birth</u>	<u>Gender</u>	<u>Grade</u>
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

Contact Information

Street Address: _____

P. O. Box _____ Home Telephone: _____

Zip Code: _____ Cell phone: _____

City/Town: _____ Cell phone: _____

State: _____ Work phone: _____

Primary e-mail address: _____

Family Medical Information use back if necessary

<u>First Name</u>	<u>Allergies/Medications/Health issues</u>	<u>Physician</u>
_____	_____	_____
_____	_____	_____
_____	_____	_____

Emergency Contact Information use back if necessary

<u>Contact's Name</u>	<u>Telephone number</u>	<u>Relationship to your family</u>
_____	_____	_____
_____	_____	_____
_____	_____	_____

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**Chatham Community Center
Parental Permission Slip for 16 and 17 Year Old Students
To Use the Fitness Room**

Instructions: This form must be filled out and returned by the parent/legal guardian of the minor child. The family of the minor child must have a Family Membership in order for the minor child to use the Fitness Room.

Name of Student: _____ **D.O.B.** _____

Residential Address: _____

I give permission for my above named minor child to use the Community Center Fitness Room in accordance with the Use Policy for the Fitness Room.

In consideration of your accepting my entry, I, the undersigned parent/guardian of the minor child named above, intending to be legally bound do hereby for myself, my heirs, executors and administrators, waive and release forever any and all rights and claims or damages I may accrue against the Town of Chatham, its contractors, instructors, aides, their successors, representatives and assigns, for any and all injuries suffered by the above named minor child as a result of traveling to and from and while using the Fitness Room.

I give permission for my above named child to receive medical treatment in the event of injury while using the Fitness Room.

I agree pictures taken during program hours may be used for future promotional purposes.

Parent or Legal Guardian **signature**

Date